

Health Officials Ask Healthy Adults and Children To Skip the Flu Shot this Year

There is an unexpected shortage of influenza vaccine this year.

Healthy adults and children can help to protect people who need the vaccine most by skipping the flu shot this year.

Who should still get a flu shot this year?

- » All children ages 6-23 months
- » Adults aged 65 and older
- » Persons aged 2-64 years with underlying chronic medical conditions (such as heart or lung disease, asthma or diabetes)
- » All women who will be pregnant during the influenza season
- » Residents of nursing homes and long-term care facilities
- » Children aged 6 months to 18 years on chronic aspirin therapy
- » Health care workers involved in direct patient care
- » Out-of-home caregivers (such as daycare providers) and household contacts of children 6 months and younger

Who should not get a flu shot this year?

Healthy adults and children not included in the list above should skip the flu shot this year.

Information approved by the Advisory Committee on Immunizations Practices and endorsed by:
American Academy of Pediatrics, Rhode Island Chapter; Ocean State Adult Immunization Coalition;
Quality Partners of Rhode Island; and Rhode Island Academy of Family Physicians.



Rhode Island Department of Health